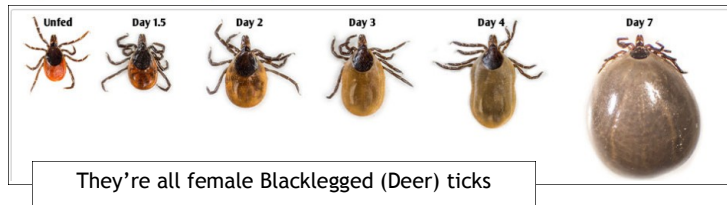


Mainly Ticks

Personal Protection Strategies

Checklist & Resources

- Avoidance—Deer ticks require a damp, humid environment to survive and are most often found in wooded areas and forest edges, especially in leaf litter and low ground cover.
- Repellents—Apply a skin-based repellent to exposed skin—Consumer Reports review: <http://www.consumerreports.org/products/insect-repellent/ratings-overview/>
- Purchase or treat clothing with Permethrin—**Save 20% using codes below.**
- Daily tick check is the single most important step in reducing your chances of contracting a tick-borne disease.
- Tick removal—Use a pair of fine pointed tweezers to promptly remove attached ticks.
- Tick Submission Information: <http://mainlyticks.com/submission-services.html>
- How long has that tick been attached? Excellent graphics from TickEncounter.org. http://www.tickencounter.org/tick_identification/tick_growth_comparison



Save 20%

Insect Shield Your Own Clothing
Enter promo code **MAINELYTICKS1**
at checkout

Wearing tick repellent clothing is the best-- and easiest --way for people to prevent tick bites when they venture outdoors. Did you know you can turn your own favorite clothes into tick repellent clothes? Your comfortable gardening pants, lucky golf shorts, hiking socks, children's play clothes....all professionally treated with an invisible, odorless, EPA registered, tick repellent (permethrin) that remains effective through 70 washes! Insect Shield provides a service that does just that.

**Insect Shield your own clothing...
protection as easy as getting dressed!**



Save 20%

on your **Insect Shield Store** order
Enter promo code **MAINELYTICKS2**
at checkout

Insect Shield® Repellent Apparel and Insect Shield® Repellent Gear are revolutionary products designed to provide long-lasting, effective and convenient personal insect protection. Insect Shield apparel and gear, such as mosquito repellent clothing, work wear clothing, bug repellent blanket and more, combine the Insect Shield process with a proprietary formulation of the insect repellent permethrin—resulting in effective, odorless insect protection that lasts the expected lifetime of the product, repelling mosquitoes, ticks, flies and fleas.

Apparel for the whole family...protection as easy as getting dressed!

www.insectshield.com



What about my pets?

Insect Shield apparel and gear is now available for your companion animals. Outdoor enthusiasts will love that Insect Shield repels ticks, mosquitoes, fleas on camping trips, hikes, runs, and picnics. Stay-at-home pet parents will appreciate the all-around protection Insect Shield offers both their pets and their homes. Available in blankets, hoodies, vests, bandanas, car seat covers and beds.

FMI visit:

Check out Maine Based *Dog Not Gone* at www.dognotgone.com/

www.insectshieldforpets.com